Summer 2014 Youth Deck Hockey Rules and Regulations



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AGES AND GRADES	11U/6 <sup>th</sup> Grade and Under
	14U/9 <sup>th</sup> Grade and Under
REPORT TIMES	$11U/6^{th}$ reports at 6:15 pm - 7:30 pm
	14U/9 <sup>th</sup> reports at 7:30 pm – 8:45 pm
TEAMS	Each week a TeamX staff person or volunteer will divide up
	sticks randomly. Teams will be tweaked each week to ensure
	competitive balance. Once players are separated sports pinnies will be distributed
EQUIPMENT	Required: Street Hockey or equivalent Helmet with cage, hockey
	stick, shin guards
	TeamX Summer Sports t-shirt
	Recommended: Hockey gloves, elbow and knee pads
PLAYING TIME	1 hour running clock
SUBSTITUTIONS	Numbering system with changes controlled by a central clock
PENALTIES	Standard NHL penalties will apply. (please see CONDUCT section
	for additional rules
OFFSIDES	Enforced for both age groups
ICING	Enforced for both age groups
CONDUCT	All coaches, players, parents and volunteers are expected to
	model high character behavior at all times. A player who
	receives 3 penalties will be ejected for the evening.
	Players, coaches, parents may at no time argue with referees.
	Profanity, trash talking verbal intimidation will not be tolerated. Lead referee will determine appropriate discipline
	Fighting will result in a four week suspension. An interview with
	the League organizer will be required before being admitted
	back into the program.
	Excessive physical play will result in game suspension
	Players are expected to shake hands at the conclusion of each
	game
RESPONSIBILITIES	Please be respectful of the park and pick up all trash.
	Players will be asked to clean up the entire playing area before
	leaving the rink

NHL Section 6 – (TeamX Modified). Section 6 rules of the NHL pertain to physical rule violations. These rules are the most severe types of penalties that could cause player injury. Therefore, the consequences for violating these rules are more severe when playing TeamX Deck Hockey

Section 6 – Physical Fouls	Penalties
R <u>ule 41 - Boarding</u>	1 <sup>st</sup> Offense - 30 minute Major 2 <sup>nd</sup> Offense - Match Penalty and One game suspension
Rule 42 - Charging	1 <sup>st</sup> Offense - 30 minute Major 2 <sup>nd</sup> Offense - Match Penalty
Rule 43 - Checking from Behind	<ul> <li>1<sup>st</sup> Offense - 30 minute Major</li> <li>2<sup>nd</sup> Offense - Match Penalty and One game suspension</li> </ul>
Rule 44- Clipping	1 <sup>st</sup> Offense - 30 minute Major 2 <sup>nd</sup> Offense - Match Penalty
Rule 45 - Elbowing	1 <sup>st</sup> Offense - 30 minute Major 2 <sup>nd</sup> Offense - Match Penalty
Rule 46 - Fighting	Match Penalty and Season Suspension, Player must have interview with League before readmission
Rule 47 - Head-butting	Match Penalty and 4 Game Suspension, Player must have interview with League before readmission
Rule 48 - Illegal Check to the Head	Match Penalty plus One game suspension
Rule 49 - Kicking	Match Penalty
Rule 50 - Kneeing	Match Penalty
Rule 51 - Roughing	1 <sup>st</sup> offense - 10 minute Major. 2 <sup>nd</sup> Offense - 30 minute Major 3 <sup>rd</sup> Offense – Match Penalty plus One game suspension
Rule 52 - Slew-footing	1 <sup>st</sup> Offense - 30 minute major. 2 <sup>nd</sup> Offense - Match Penalty
Rule 53 - Throwing Equipment	Match Penalty

Match Penalty – Player is removed for the duration of the game

All penalties are at the referee's discretion. The Referee may adjust penalties depending on the severity of the foul

For a complete description of NHL Rules, including Section 6 Rules – Physical Fouls please visit <a href="http://www.nhl.com/ice/page.htm?id=26304">http://www.nhl.com/ice/page.htm?id=26304</a>